

~Healing Sound Bath~

with Jennifer Mullin and Ann Fleming

Friday, June 8th at 7:30 pm



Surround yourself with the pure frequencies of singing bowls, drums and other simple instruments. Allow the sounds to wash away tension and bring harmony to your mind, body and spirit.

We will be offering a sample of hands-on Reiki during this special meditation.

Washington New Church & School

11914 Chantilly Lane

Mitchellville, MD 20721

Doors will open at 7:00 and close promptly at 7:30 to hold this as a sacred space.

Use a chair or bring your own mat, pillow and blankets to stretch out on the floor!

Light refreshments and time to chat will follow the meditation.

Cost: \$20 (cash, check or card)

All Nature sings and 'round me rings the Music of the Spheres